

## Recommended Reading

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### **Dyeing and Surface Design**

Art Cloth: A Guide to Surface Design for Fabric, Jane Dunnewold  
Interweave Press, 2010

Color By Accident: Low-Water Immersion Dyeing, Ann Johnston  
Ann Johnston, 1997

Color on Paper and Fabric, Ruth Issett  
North Light Books, 1999

Create Your Own Hand-Printed Cloth, Rayna Gillman  
C&T Publishing, 2008

Off the Shelf Fabric Painting: 30 Simple Recipes for Gourmet Results, Sue Beevers  
C&T Publishing, 2004

Transforming Fabric: 30 Creative Ways to Paint, Dye and Pattern Cloth, Carolyn Dahl  
Krause Publications, 2004

Screenprinting: Layering Textiles with Colour, Texture & Imagery, Claire Benn & Leslie Morgan  
Committed to Cloth, 2009

Shibori: The Art of Fabric Tying, Folding, Pleating and Dyeing, Elfriede Moller  
Search Press, 1999

Vibrant Color: Combining Soy Wax and Dye for Brilliant Results, Jane Dunnewold and Lisa Kerpoe  
Jane Dunnewold and Lisa Kerpoe, 2011

Visual Texture: Create Stunning Art Cloth with Water-Based Resists, Lisa Kerpoe  
C&T Publishing, 2012

### **Natural Dyeing**

Eco Colour: Botanical Dyes for Beautiful Textiles, India Flint  
Interweave Press, 2011 (Originally released by Murdoch Books in Australia in 2008)

Harvesting Color: How to Find Plants and Make Natural Dyes, Rebecca Burgess  
Artisan Books, 2011

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### **Natural Dyeing (cont'd)**

The Handbook of Natural Plant Dyes, Sasha Duerr  
Timber Press, 2010

### **Design Principles**

Art + Quilt: Design Principles and Creativity Exercises, Lyric Kinard  
Interweave Press, 2009

Basic Design: Systems, Elements, Applications, Richardson, Coleman and Smith  
Prentice-Hall, 1984

Creative Quilts: Inspiration, Texture & Stitch, Sandra Meech,  
Batsford, 2006

Design Explorations for the Creative Quilter, Katie Pasquini Masopust  
C & T Publishing, 2008

Finding Your Own Visual Language, Jane Dunnewold  
ArtCloth Studios/Committed to Cloth, 2007

Watercolor by Design: Classic Designs to Inspire New Creative Directions, Marianne K. Brown  
Watson-Guptill Publications, 2006

### **Creativity**

12 Secrets of Highly Creative Women: A Portable Mentor, Gail McMeekin  
Conari Press, 2000

Aha! 10 Ways to Free Your Creative Spirit and Find Your Great Ideas, Jordan Ayan  
Crown Trade Paperbacks, 1997

Coaching the Artist Within, Eric Maisel  
New World Library, 2005

Creative is a Verb: If You Are Alive, You Are Creative, Patti Digh  
Globe Pequot Press, 2010

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### **Creativity (cont'd)**

Marry Your Muse: Making a Lasting Commitment to Your Creativity, Jan Phillips  
Quest Books, 1997

New World Kids: The Parents' Guide to Creative Thinking, Susan Marcus & Susie Monday  
Foundry Media, 2008

The Artist's Way: A Spiritual Path to Higher Creativity, Julia Cameron  
Penguin Putnam, 1992

The Creative Habit: Learn it and Use it for Life, Twyla Tharp  
Simon & Schuster, 2003

Walking in This World: The Practical Art of Creativity, Julia Cameron  
Penguin Putnam, 2002

### **Color Theory**

Blue and Yellow Don't Make Green, Michael Wilcox  
School of Color, 2002

Color: A Course in Mastering the Art of Mixing Colors, Betty Edwards  
Tarcher, 2004

Color and Fiber, Patricia Lambert, Barbara Staepelaere, Mary G. Fry  
Schiffer Publishing, 1986

Color Harmonies, Augusto Garau  
The University of Chicago Press, 1993

Color Works, Deb Menz  
Interweave Press, 2004

Principles of Color Design, Wucius Wong  
Van Nostrand Reinhold, 1987

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### **Miscellaneous/Mixed Media**

Encaustic Workshop: Artistic Techniques for Working with Wax, Patricia Baldwin Seggebruch  
North Light Books, 2009

### **Miscellaneous/Mixed Media (cont'd)**

The Creative Edge: Exercises to Celebrate Your Creative Self, Mary Todd Beam  
North Light Books, 2009

Visual Journaling: Going Deeper Than Words, Barbara Ganim and Susan Fox  
Quest Books, 1999

### **Mindful Living**

A New Earth: Awakening to Your Life's Purpose, Eckhart Tolle  
Penguin Group, 2006

Buddha Standard Time: Awakening to the Infinite Possibilities of Now, Lama Surya Das  
HarperCollins, 2011

Live is a Verb: 37 Days to Wake Up, Be Mindful and Live Intentionally, Patti Digh  
Globe Pequot Press, 2008

Living in the Light: Follow Your Inner Guidance to Create a New Life and a New World, Shakti Gawain  
New World Library, 2011(25<sup>th</sup> Anniversary Edition)